



FRIENDLY CREATURES

Your solution to animal behavioural problems

Find it?

This exercise utilizes your dogs amazing sense of smell, is very calming and provides lots of physical and mental stimulation.

Restrain the dog (or put her in a "Wait!") while you "hide" a treat a short distance away. The first few times you play this, place the treat a short distance away IN FULL VIEW of the dog. If your dog finds it too difficult, he or she may just give up and lose motivation to try for you.

Release with excited encouragements, such as "Find it?" encouraging dog to sniff about to find it. Give lots of praise when he or she finds the treat. Stay behind the dog so that she doesn't just rely on you to point out where the treat is.

Once your dog is enjoying this game and is confident going forward to sniff out the treat, make it harder and more time-consuming by hiding the treat in the garden or house. Then release encouraging them to go sniffing about to search them out, continuing to praise excessively with voice and more treats when he or she finds it.

This exercise can also be done with your dog's favourite toy instead of a treat, or you can buy a toy that has a compartment to put a food reward inside.

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